
Steirische Hallen- und 4. Int. Steirische Mastersmeisterschaften

08.02.-10.02.2019

Fortsetzung Bewerb 55 - 400m Freistil Damen Masters

Altersklasse 50

4. Millet, Monika 1966 AUT The Mermaids Wien 08:13,17 +03:15.90 195
RT +01.07 50m: 00:51,06, 100m: 01:50,39 (00:59,33), 150m: 02:51,79 (01:01,40), 200m: 03:56,37 (01:04,58)
250m: 05:03,17 (01:06,80), 300m: 06:07,68 (01:04,51), 350m: 07:11,34 (01:03,66), 400m: 08:13,17 (01:01,83)

Altersklasse 55

4. Kinzel, Marlies 1960 AUT The Mermaids Wien 07:24,09 +01:45.39 292
RT +0.94 50m: 00:49,20, 100m: 01:44,06 (00:54,86), 150m: 02:40,42 (00:56,36), 200m: 03:37,28 (00:56,86)
250m: 04:34,54 (00:57,26), 300m: 05:32,19 (00:57,65), 350m: 06:28,68 (00:56,49), 400m: 07:24,09 (00:55,41)

Fortsetzung Bewerb 56 - 400m Freistil Herren Masters

Altersklasse 65

1. Jelem, Helmut 1952 AUT The Mermaids Wien 07:47,80 277
RT +0.92 50m: 00:46,71, 100m: 01:43,24 (00:56,53), 150m: 02:42,07 (00:58,83), 200m: 03:42,79 (01:00,72)
250m: 04:45,02 (01:02,23), 300m: 05:46,69 (01:01,67), 350m: 06:48,95 (01:02,26), 400m: 07:47,80 (00:58,85)