



Multinations Junior Swimming Meet 2024

06.04./07.04.2024

Continue Event 1 - 400m Ind. Medley Men

Junior

5.	Routoulas, Iason	2007	GRE	Greece	04:31,17	+03.30
RT +0.66 50m: 00:27,76, 100m: 01:00,00 (00:32,24), 150m: 01:35,56 (00:35,56), 200m: 02:10,93 (00:35,37) 250m: 02:49,67 (00:38,74), 300m: 03:29,53 (00:39,86), 350m: 04:01,69 (00:32,16), 400m: 04:31,17 (00:29,48)						

Continue Event 2 - 400m Ind. Medley Women

Junior

3.	Rakopoulou, Antonia	2008	GRE	Greece	05:01,13	+06.04
RT 50m: 00:31,30, 100m: 01:06,48 (00:35,18), 150m: 01:45,73 (00:39,25), 200m: 02:23,91 (00:38,18) 250m: 03:08,82 (00:44,91), 300m: 03:54,25 (00:45,43), 350m: 04:28,28 (00:34,03), 400m: 05:01,13 (00:32,85)						

Continue Event 3 - 100m Freestyle Men

Junior

6.	Spatharakis, Nikolaos	2007	GRE	Greece	00:51,49	+00.88
RT +0.63 50m: 00:25,07, 100m: 00:51,49 (00:26,42)						

Continue Event 4 - 100m Freestyle Women

Junior

10.	Boutou, Anastasia	2007	GRE	Greece	00:59,10	+02.89
RT +0.64 50m: 00:28,35, 100m: 00:59,10 (00:30,75)						

Extra

3.	* Zaimi, Kalliopi	2006	GRE	Greece	00:58,26	+00.90
RT +0.65 50m: 00:27,79, 100m: 00:58,26 (00:30,47)						
6.	* Vasilaki, Artemis	2006	GRE	Greece	00:58,96	+01.60
RT +0.67 50m: 00:28,29, 100m: 00:58,96 (00:30,67)						
13.	* Gkiouzepa Petropoulo, Varvara	2006	GRE	Greece	00:59,58	+02.22
RT +0.72 50m: 00:28,90, 100m: 00:59,58 (00:30,68)						

Continue Event 5 - 200m Backstroke Men

Junior

3.	Pekos, Georgios	2006	GRE	Greece	02:04,66	+02.79
RT +0.66 50m: 00:29,19, 100m: 01:01,37 (00:32,18), 150m: 01:33,45 (00:32,08), 200m: 02:04,66 (00:31,21)						



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Continue Event 6 - 200m Backstroke Women

Junior

5. Pyrili, Despoina 2008 GRE Greece 02:18,84 +01.03
 RT +0.59 50m: 00:31,70, 100m: 01:07,38 (00:35,68), 150m: 01:43,84 (00:36,46), 200m: 02:18,84 (00:35,00)

Continue Event 7 - 50m Butterfly Men

Junior

7. Dimanopoulos, Christos 2008 GRE Greece 00:24,95 +00.72
 RT +0.67

Continue Event 8 - 50m Butterfly Women

Junior

6. Verigaki, Anna 2007 GRE Greece 00:27,78 +01.02
 RT +0.67

Continue Event 9 - 4x100m Medley Men

Junior

7. 1. Team GRE Greece 03:49,98 +03.49
 Pechlivanidis Georgios (2007 / 17 Years), RT +0.58 50m: 00:28,24, 100m: 00:58,54 (00:30,30)
 Ntoumas Evangelos Efraim (2008 / 16 Years), RT +0.18 150m: 01:27,60 (00:29,06), 200m: 02:01,72 (00:34,12)
 Routoulas Iason (2007 / 17 Years), RT +0.18 250m: 02:28,02 (00:26,30), 300m: 02:58,17 (00:30,15)
 Spatharakis Nikolaos (2007 / 17 Years), RT +0.46 350m: 03:22,82 (00:24,65), 400m: 03:49,98 (00:27,16)

Continue Event 10 - 4x100m Medley Women

Junior

5. 1. Team GRE Greece 04:19,75 +06.98
 Pyrili Despoina (2008 / 16 Years), RT +0.55 50m: 00:31,51, 100m: 01:04,06 (00:32,55)
 Mazaraki Efthymia (2006 / 18 Years), RT +0.42 150m: 01:37,91 (00:33,85), 200m: 02:17,85 (00:39,94)
 Skouta Apostoli (2007 / 17 Years), RT +0.59 250m: 02:46,27 (00:28,42), 300m: 03:20,88 (00:34,61)
 Boutou Anastasia (2007 / 17 Years), RT +0.18 350m: 03:48,91 (00:28,03), 400m: 04:19,75 (00:30,84)

--- 2. Session ---

Continue Event 11 - 200m Butterfly Men

Junior

5. Routoulas, Iason 2007 GRE Greece 02:05,07 +04.94
 RT +0.68 50m: 00:28,26, 100m: 01:00,75 (00:32,49), 150m: 01:32,79 (00:32,04), 200m: 02:05,07 (00:32,28)



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Continue Event 12 - 200m Butterfly Women

Junior

3. Gkiouzepa Petropoulo, Varvara 2006 GRE Greece 02:17,82 +05.47
 RT +0.73 50m: 00:31,49, 100m: 01:06,97 (00:35,48), 150m: 01:42,50 (00:35,53), 200m: 02:17,82 (00:35,32)

Extra

2. * Rakopoulou, Antonia 2008 GRE Greece 02:19,52 +03.81
 RT +0.64 50m: 00:31,19, 100m: 01:07,00 (00:35,81), 150m: 01:43,80 (00:36,80), 200m: 02:19,52 (00:35,72)

Continue Event 13 - 100m Backstroke Men

Junior

8. Pechlivanidis, Georgios 2007 GRE Greece 00:58,16 +02.29
 RT +0.59 50m: 00:28,32, 100m: 00:58,16 (00:29,84)

Extra

5. * Pecos, Georgios 2006 GRE Greece 00:57,95 +00.97
 RT +0.60 50m: 00:28,07, 100m: 00:57,95 (00:29,88)

Continue Event 14 - 100m Backstroke Women

Junior

2. Pyrili, Despoina 2008 GRE Greece 01:02,72 +00.90
 RT +0.59 50m: 00:30,59, 100m: 01:02,72 (00:32,13)

Continue Event 15 - 200m Breaststroke Men

Junior

3. Ntoumas, Evangelos Efraim 2008 GRE Greece 02:16,34 +00.98
 RT +0.70 50m: 00:31,58, 100m: 01:07,32 (00:35,74), 150m: 01:42,41 (00:35,09), 200m: 02:16,34 (00:33,93)

Continue Event 16 - 200m Breaststroke Women

Junior

6. Zarpouti, Areti 2008 GRE Greece 02:37,23 +05.67
 RT +0.74 50m: 00:35,67, 100m: 01:15,06 (00:39,39), 150m: 01:55,57 (00:40,51), 200m: 02:37,23 (00:41,66)

Extra

4. * Mazaraki, Efthymia 2006 GRE Greece 02:42,15 +06.68
 RT +0.70 50m: 00:36,25, 100m: 01:16,49 (00:40,24), 150m: 01:58,52 (00:42,03), 200m: 02:42,15 (00:43,63)



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Continue Event 17 - 50m Freestyle Men

Junior

11. Papadopoulos, Dimitrios 2007 GRE Greece 00:23,89 +00.97
RT +0.67

Extra

2. * Dimanopoulos, Christos 2008 GRE Greece 00:23,45 +00.23
RT +0.71

Continue Event 18 - 50m Freestyle Women

Junior

4. Zaimi, Kalliopi 2006 GRE Greece 00:26,64 +01.21
RT +0.64

Continue Event 19 - 4x200m Freestyle Men

Junior

3. 1. Team GRE Greece 07:34,06 +07.85
Kakoulakis Vasileios (2007 / 17 Years), RT +0.67 50m: 00:25,68, 100m: 00:54,08 (00:28,40), 150m: 01:23,88 (00:29,80), 200m: 01:53,09 (00:29,21)
Spatharakis Nikolaos (2007 / 17 Years), RT +0.23 250m: 02:18,08 (00:24,99), 300m: 02:46,92 (00:28,84), 350m: 03:16,43 (00:29,51), 400m: 03:45,87
(00:29,44)
Routoulas Iason (2007 / 17 Years), RT +0.43 450m: 04:12,10 (00:26,23), 500m: 04:40,83 (00:28,73), 550m: 05:10,61 (00:29,78), 600m: 05:39,80
(00:29,19)
Pekos Georgios (2006 / 18 Years), RT +0.56 650m: 06:06,02 (00:26,22), 700m: 06:34,65 (00:28,63), 750m: 07:04,26 (00:29,61), 800m: 07:34,06 (00:29,80
)

Event 20 - 4x200m Freestyle Women

Junior

1. 1. Team GRE Greece 08:18,41
Vasilaki Artemis (2006 / 18 Years), RT +0.67 50m: 00:29,00, 100m: 01:00,08 (00:31,08), 150m: 01:31,81 (00:31,73), 200m: 02:02,71 (00:30,90)
Boutou Anastasia (2007 / 17 Years), RT +0.50 250m: 02:31,54 (00:28,83), 300m: 03:03,03 (00:31,49), 350m: 03:36,07 (00:33,04), 400m: 04:09,11
(00:33,04)
Gkovari Konstantina Andriann (2007 / 17 Years), RT +0.33 450m: 04:38,23 (00:29,12), 500m: 05:10,30 (00:32,07), 550m: 05:42,76 (00:32,46), 600m:
06:14,57 (00:31,81)
Zafeiratou Maria (2007 / 17 Years), RT +0.30 650m: 06:43,43 (00:28,86), 700m: 07:14,55 (00:31,12), 750m: 07:46,39 (00:31,84), 800m: 08:18,41
(00:32,02)

--- 3. Session ---



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Continue Event 21 - 1500m Freestyle Men

Junior

3.	Kakoulakis, Vasileios	2007	GRE	Greece	15:42,88	+37.98
RT +0.67 50m: 00:27,57, 100m: 00:58,09 (00:30,52), 150m: 01:28,90 (00:30,81), 200m: 01:59,91 (00:31,01)						
250m: 02:30,78 (00:30,87), 300m: 03:01,59 (00:30,81), 350m: 03:32,98 (00:31,39), 400m: 04:04,42 (00:31,44)						
450m: 04:35,68 (00:31,26), 500m: 05:07,14 (00:31,46), 550m: 05:39,06 (00:31,92), 600m: 06:10,65 (00:31,59)						
650m: 06:42,15 (00:31,50), 700m: 07:14,11 (00:31,96), 750m: 07:45,41 (00:31,30), 800m: 08:17,42 (00:32,01)						
850m: 08:49,30 (00:31,88), 900m: 09:21,83 (00:32,53), 950m: 09:54,28 (00:32,45), 1000m: 10:26,45 (00:32,17)						
1050m: 10:58,75 (00:32,30), 1100m: 11:31,10 (00:32,35), 1150m: 12:03,80 (00:32,70), 1200m: 12:35,53 (00:31,73)						
1250m: 13:07,08 (00:31,55), 1300m: 13:39,04 (00:31,96), 1350m: 14:10,90 (00:31,86), 1400m: 14:42,95 (00:32,05)						
1450m: 15:14,07 (00:31,12), 1500m: 15:42,88 (00:28,81)						

Continue Event 22 - 100m Breaststroke Women

Junior

5.	Mazaraki, Efthymia	2006	GRE	Greece	01:13,88	+03.59
RT +0.68 50m: 00:34,44, 100m: 01:13,88 (00:39,44)						

Extra

1.	* Gkovari, Konstantina Andriann	2007	GRE	Greece	01:12,50	
RT +0.71 50m: 00:34,33, 100m: 01:12,50 (00:38,17)						
7.	* Zarpouti, Areti	2008	GRE	Greece	01:15,41	+02.91
RT +0.72 50m: 00:35,48, 100m: 01:15,41 (00:39,93)						

Continue Event 23 - 100m Breaststroke Men

Junior

2.	Ntoumas, Evangelos Efraim	2008	GRE	Greece	01:02,64	+00.92
RT +0.68 50m: 00:29,54, 100m: 01:02,64 (00:33,10)						

Extra

3.	* Lytras, Nikolaos	2006	GRE	Greece	01:05,24	+00.28
RT +0.66 50m: 00:30,31, 100m: 01:05,24 (00:34,93)						

Continue Event 24 - 200m Freestyle Women

Junior

2.	Zafeiratou, Maria	2007	GRE	Greece	02:04,04	+01.27
RT +0.67 50m: 00:29,57, 100m: 01:00,66 (00:31,09), 150m: 01:32,31 (00:31,65), 200m: 02:04,04 (00:31,73)						

Extra

1.	* Boutou, Anastasia	2007	GRE	Greece	02:06,37	
RT +0.67 50m: 00:29,52, 100m: 01:01,16 (00:31,64), 150m: 01:33,49 (00:32,33), 200m: 02:06,37 (00:32,88)						



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Continue Event 25 - 200m Freestyle Men

Junior

5. Spatharakis, Nikolaos 2007 GRE Greece 01:53,29 +02.12
 RT +0.64 50m: 00:26,58, 100m: 00:55,72 (00:29,14), 150m: 01:24,42 (00:28,70), 200m: 01:53,29 (00:28,87)

Extra

4. * Routoulas, Iason 2007 GRE Greece 01:55,32 +04.33
 RT +0.66 50m: 00:26,40, 100m: 00:55,74 (00:29,34), 150m: 01:25,75 (00:30,01), 200m: 01:55,32 (00:29,57)

6. * Pekos, Georgios 2006 GRE Greece 01:55,76 +04.77
 RT +0.64 50m: 00:26,77, 100m: 00:56,11 (00:29,34), 150m: 01:25,92 (00:29,81), 200m: 01:55,76 (00:29,84)

Continue Event 26 - 50m Backstroke Women

Junior

2. Pyrili, Despoina 2008 GRE Greece 00:29,45 +00.99
 RT +0.51

Continue Event 27 - 50m Backstroke Men

Junior

12. Pechlivanidis, Georgios 2007 GRE Greece 00:27,32 +01.65
 RT +0.58

Extra

* Dimanopoulos, Christos 2008 GRE Greece DNS MT

Continue Event 28 - 800m Freestyle Women

Junior

2. Vasilaki, Artemis 2006 GRE Greece 08:50,30 +02.61
 RT +0.67 50m: 00:29,84, 100m: 01:02,02 (00:32,18), 150m: 01:34,84 (00:32,82), 200m: 02:07,97 (00:33,13)
 250m: 02:41,32 (00:33,35), 300m: 03:14,54 (00:33,22), 350m: 03:47,78 (00:33,24), 400m: 04:21,01 (00:33,23)
 450m: 04:54,82 (00:33,81), 500m: 05:28,81 (00:33,99), 550m: 06:02,69 (00:33,88), 600m: 06:36,59 (00:33,90)
 650m: 07:10,49 (00:33,90), 700m: 07:44,45 (00:33,96), 750m: 08:17,86 (00:33,41), 800m: 08:50,30 (00:32,44)

--- 4. Session ---



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Event 29 - 400m Freestyle Women

Junior

1. Vasilaki, Artemis 2006 GRE Greece 04:17,61
 RT +0.67 50m: 00:29,63, 100m: 01:02,02 (00:32,39), 150m: 01:34,19 (00:32,17), 200m: 02:06,39 (00:32,20)
 250m: 02:39,10 (00:32,71), 300m: 03:12,46 (00:33,36), 350m: 03:45,52 (00:33,06), 400m: 04:17,61 (00:32,09)

Extra

1. * Zafeiratou, Maria 2007 GRE Greece 04:21,15
 RT +0.68 50m: 00:30,15, 100m: 01:01,99 (00:31,84), 150m: 01:34,77 (00:32,78), 200m: 02:07,75 (00:32,98)
 250m: 02:41,22 (00:33,47), 300m: 03:14,65 (00:33,43), 350m: 03:48,43 (00:33,78), 400m: 04:21,15 (00:32,72)

Continue Event 30 - 400m Freestyle Men

Junior

4. Kakoulakis, Vasileios 2007 GRE Greece 04:00,29 +04.22
 RT +0.66 50m: 00:26,86, 100m: 00:57,04 (00:30,18), 150m: 01:28,08 (00:31,04), 200m: 01:58,92 (00:30,84)
 250m: 02:29,84 (00:30,92), 300m: 03:00,76 (00:30,92), 350m: 03:31,60 (00:30,84), 400m: 04:00,29 (00:28,69)

Extra

6. * Spatharakis, Nikolaos 2007 GRE Greece 04:08,58 +17.16
 RT +0.69 50m: 00:27,95, 100m: 00:58,66 (00:30,71), 150m: 01:29,76 (00:31,10), 200m: 02:01,55 (00:31,79)
 250m: 02:32,78 (00:31,23), 300m: 03:04,98 (00:32,20), 350m: 03:37,28 (00:32,30), 400m: 04:08,58 (00:31,30)

Continue Event 31 - 100m Butterfly Women

Junior

8. Skouta, Apostoli 2007 GRE Greece 01:03,23 +03.61
 RT +0.66 50m: 00:28,56, 100m: 01:03,23 (00:34,67)

Extra

4. * Verigaki, Anna 2007 GRE Greece 01:03,25 +01.70
 RT +0.64 50m: 00:28,96, 100m: 01:03,25 (00:34,29)
 6. * Rakopoulou, Antonia 2008 GRE Greece 01:04,13 +02.58
 RT +0.65 50m: 00:30,20, 100m: 01:04,13 (00:33,93)

Continue Event 32 - 100m Butterfly Men

Junior

8. Routoulas, Iason 2007 GRE Greece 00:56,28 +02.94
 RT +0.64 50m: 00:26,53, 100m: 00:56,28 (00:29,75)

Extra

5. * Pechlivanidis, Georgios 2007 GRE Greece 00:56,41 +00.26
 RT +0.72 50m: 00:26,28, 100m: 00:56,41 (00:30,13)



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Continue Event 32 - 100m Butterfly Men

Continue Event 33 - 200m Ind. Medley Women

Junior

12. Gkiouzepa Petropoulo, Varvara 2006 GRE Greece 02:25,85 +07.32
 RT +0.73 50m: 00:30,35, 100m: 01:08,55 (00:38,20), 150m: 01:52,23 (00:43,68), 200m: 02:25,85 (00:33,62)

Extra

8. * Zarpouti, Areti 2008 GRE Greece 02:30,46 +07.97
 RT +0.71 50m: 00:32,41, 100m: 01:12,36 (00:39,95), 150m: 01:53,78 (00:41,42), 200m: 02:30,46 (00:36,68)

Continue Event 34 - 200m Ind. Medley Men

Junior

5. Ntoumas, Evangelos Efraim 2008 GRE Greece 02:07,70 +02.71
 RT +0.67 50m: 00:28,22, 100m: 01:02,32 (00:34,10), 150m: 01:37,83 (00:35,51), 200m: 02:07,70 (00:29,87)

Continue Event 35 - 50m Breaststroke Women

Junior

4. Gkovari, Konstantina Andriann 2007 GRE Greece 00:33,05 +00.59
 RT +0.71

Extra

5. * Mazaraki, Efthymia 2006 GRE Greece 00:34,36 +01.00
 RT +0.65

Continue Event 36 - 50m Breaststroke Men

Junior

2. Lytras, Nikolaos 2006 GRE Greece 00:28,90 +00.88
 RT +0.65

Extra

2. * Ntoumas, Evangelos Efraim 2008 GRE Greece 00:29,79 +00.14
 RT +0.68
 7. * Papadopoulos, Dimitrios 2007 GRE Greece 00:30,65 +01.00
 RT +0.59



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Continue Event 37 - 4x100m Freestyle Women

Junior

2.	1. Team	GRE	Greece	03:52,59	+03.23
	Pyrili Despoina (2008 / 16 Years), RT +0.61 50m: 00:27,94, 100m: 00:57,93 (00:29,99)				
	Gkovari Konstantina Andriann (2007 / 17 Years), RT +0.16 150m: 01:26,19 (00:28,26), 200m: 01:56,10 (00:29,91)				
	Boutou Anastasia (2007 / 17 Years), RT +0.62 250m: 02:24,50 (00:28,40), 300m: 02:55,24 (00:30,74)				
	Zaimi Kalliopi (2006 / 18 Years), RT +0.32 350m: 03:21,88 (00:26,64), 400m: 03:52,59 (00:30,71)				

Continue Event 38 - 4x100m Freestyle Men

Junior

8.	1. Team	GRE	Greece	03:28,30	+02.78
	Dimanopoulos Christos (2008 / 16 Years), RT +0.65 50m: 00:24,92, 100m: 00:51,99 (00:27,07)				
	Spatharakis Nikolaos (2007 / 17 Years), RT +0.32 150m: 01:16,53 (00:24,54), 200m: 01:43,86 (00:27,33)				
	Routoulas Iason (2007 / 17 Years), RT +0.30 250m: 02:09,27 (00:25,41), 300m: 02:36,36 (00:27,09)				
	Pekos Georgios (2006 / 18 Years), RT +0.24 350m: 03:01,19 (00:24,83), 400m: 03:28,30 (00:27,11)				