



# Österr. Meisterschaften der Nachwuchsklassen 2023

27.07.-30.07.2023



## Fortsetzung Bewerb 1 - 200m Freistil Herren Vorlauf

### AK 11/12

3. Manhal, Tim 2011 AUT 1. LSK Heindl 02:24,58 Q +01.16 351  
 50m: 00:32,55, 100m: 01:09,30 (00:36,75), 150m: 01:47,56 (00:38,26), 200m: 02:24,58 (00:37,02)

### AK 15/16

30. Pieringer, David 2008 AUT 1. LSK Heindl 02:15,28 +17.10 428  
 50m: 00:30,43, 100m: 01:04,13 (00:33,70), 150m: 01:40,26 (00:36,13), 200m: 02:15,28 (00:35,02)  
 32. Semlak, Florian 2008 AUT 1. LSK Heindl 02:15,50 +17.32 426  
 50m: 00:30,52, 100m: 01:03,88 (00:33,36), 150m: 01:40,02 (00:36,14), 200m: 02:15,50 (00:35,48)

### Pflichtzeiten AK 12, Pflichtzeit: 02:33,72

3. Manhal, Tim 2011 AUT 1. LSK Heindl 02:24,58 Q +01.16 351  
 50m: 00:32,55, 100m: 01:09,30 (00:36,75), 150m: 01:47,56 (00:38,26), 200m: 02:24,58 (00:37,02)

### Pflichtzeiten AK 15, Pflichtzeit: 02:15,29

16. Pieringer, David 2008 AUT 1. LSK Heindl 02:15,28 +17.10 428  
 50m: 00:30,43, 100m: 01:04,13 (00:33,70), 150m: 01:40,26 (00:36,13), 200m: 02:15,28 (00:35,02)  
 18. Semlak, Florian 2008 AUT 1. LSK Heindl 02:15,50 +17.32 RG 426  
 50m: 00:30,52, 100m: 01:03,88 (00:33,36), 150m: 01:40,02 (00:36,14), 200m: 02:15,50 (00:35,48)

## Fortsetzung Bewerb 3 - 100m Brust Herren Vorlauf

### AK 15/16

17. Pieringer, David 2008 AUT 1. LSK Heindl 01:20,89 +10.00 347  
 50m: 00:38,07, 100m: 01:20,89 (00:42,82)

### Pflichtzeiten AK 15, Pflichtzeit: 01:18,63

10. Pieringer, David 2008 AUT 1. LSK Heindl 01:20,89 +10.00 RG 347  
 50m: 00:38,07, 100m: 01:20,89 (00:42,82)

### --- 2. Abschnitt ---

## Fortsetzung Bewerb 1 - 200m Freistil Herren A-Finale

### AK 11/12

2. Manhal, Tim 2011 AUT 1. LSK Heindl 02:21,03 +00.94 378  
 50m: 00:32,07, 100m: 01:07,89 (00:35,82), 150m: 01:45,07 (00:37,18), 200m: 02:21,03 (00:35,96)



# Österr. Meisterschaften der Nachwuchsklassen 2023

27.07.-30.07.2023



## Fortsetzung Bewerb 7 - 4x100m Freistil Herren

### Jugend und jünger

10.	1. Mannschaft	AUT	1. LSK Heindl	04:09,29	+21.46	430
	Pieringer David (2008 / 15 Jahre), 50m: 00:28,63, 100m: 00:59,93 (00:31,30)					
	Semlak Florian (2008 / 15 Jahre), 150m: 01:28,73 (00:28,80), 200m: 02:00,60 (00:31,87)					
	Eckhart Alexander (2008 / 15 Jahre), 250m: 02:30,78 (00:30,18), 300m: 03:04,25 (00:33,47)					
	Schwarz Raphael (2008 / 15 Jahre), 350m: 03:34,42 (00:30,17), 400m: 04:09,29 (00:34,87)					

### --- 3. Abschnitt ---

## Fortsetzung Bewerb 11 - 100m Freistil Damen Vorlauf

### AK 14/15

20.	Semlak, Marlene	2008	AUT	1. LSK Heindl	01:05,36	+04.43	495
	50m: 00:31,06, 100m: 01:05,36 (00:34,30)						

### Pflichtzeiten AK 15, Pflichtzeit: 01:06,69

13.	Semlak, Marlene	2008	AUT	1. LSK Heindl	01:05,36	+04.43	495
	50m: 00:31,06, 100m: 01:05,36 (00:34,30)						

## Fortsetzung Bewerb 12 - 100m Rücken Herren Vorlauf

### AK 15/16

13.	Semlak, Florian	2008	AUT	1. LSK Heindl	01:06,90	q +05.43	465
	50m: 00:32,06, 100m: 01:06,90 (00:34,84)						
24.	Eckhart, Alexander	2008	AUT	1. LSK Heindl	01:11,34	+09.87	383
	50m: 00:34,43, 100m: 01:11,34 (00:36,91)						

### Pflichtzeiten AK 15, Pflichtzeit: 01:09,93

9.	Semlak, Florian	2008	AUT	1. LSK Heindl	01:06,90	q +05.19	465
	50m: 00:32,06, 100m: 01:06,90 (00:34,84)						
15.	Eckhart, Alexander	2008	AUT	1. LSK Heindl	01:11,34	+09.63	RG 383
	50m: 00:34,43, 100m: 01:11,34 (00:36,91)						

### --- 4. Abschnitt ---

## Fortsetzung Bewerb 12 - 100m Rücken Herren B-Finale

### AK 15/16

13.	Semlak, Florian	2008	AUT	1. LSK Heindl	01:07,30	+02.84	457
	50m: 00:31,92, 100m: 01:07,30 (00:35,38)						



# Österr. Meisterschaften der Nachwuchsklassen 2023

27.07.-30.07.2023



## Fortsetzung Bewerb 14 - 800m Freistil Herren

### AK 11/12

2. Manhal, Tim	2011 AUT	1. LSK Heindl	10:05,67	+04.87	415
50m: 00:33,13, 100m: 01:10,79 (00:37,66), 150m: 01:49,94 (00:39,15), 200m: 02:28,36 (00:38,42)					
250m: 03:07,15 (00:38,79), 300m: 03:45,25 (00:38,10), 350m: 04:24,23 (00:38,98), 400m: 05:02,46 (00:38,23)					
450m: 05:41,43 (00:38,97), 500m: 06:20,05 (00:38,62), 550m: 06:58,88 (00:38,83), 600m: 07:36,88 (00:38,00)					
650m: 08:15,70 (00:38,82), 700m: 08:53,13 (00:37,43), 750m: 09:30,91 (00:37,78), 800m: 10:05,67 (00:34,76)					

### --- 5. Abschnitt ---

## Fortsetzung Bewerb 19 - 100m Freistil Herren Vorlauf

### AK 11/12

4. Manhal, Tim	2011 AUT	1. LSK Heindl	01:06,99	Q +01.91	343
50m: 00:32,42, 100m: 01:06,99 (00:34,57)					

### AK 15/16

32. Sendlak, Florian	2008 AUT	1. LSK Heindl	01:00,13	+06.23	474
50m: 00:28,61, 100m: 01:00,13 (00:31,52)					
33. Pieringer, David	2008 AUT	1. LSK Heindl	01:00,30	+06.40	470
50m: 00:28,80, 100m: 01:00,30 (00:31,50)					
41. Eckhart, Alexander	2008 AUT	1. LSK Heindl	01:03,05	+09.15	411
50m: 00:30,20, 100m: 01:03,05 (00:32,85)					
42. Schwarz, Raphael	2008 AUT	1. LSK Heindl	01:03,87	+09.97	396
50m: 00:30,49, 100m: 01:03,87 (00:33,38)					

### Pflichtzeiten AK 12, Pflichtzeit: 01:09,68

3. Manhal, Tim	2011 AUT	1. LSK Heindl	01:06,99	Q +01.91	343
50m: 00:32,42, 100m: 01:06,99 (00:34,57)					

### Pflichtzeiten AK 15, Pflichtzeit: 01:02,10

14. Sendlak, Florian	2008 AUT	1. LSK Heindl	01:00,13	+05.02	474
50m: 00:28,61, 100m: 01:00,13 (00:31,52)					
15. Pieringer, David	2008 AUT	1. LSK Heindl	01:00,30	+05.19	470
50m: 00:28,80, 100m: 01:00,30 (00:31,50)					
22. Eckhart, Alexander	2008 AUT	1. LSK Heindl	01:03,05	+07.94	RG 411
50m: 00:30,20, 100m: 01:03,05 (00:32,85)					
23. Schwarz, Raphael	2008 AUT	1. LSK Heindl	01:03,87	+08.76	RG 396
50m: 00:30,49, 100m: 01:03,87 (00:33,38)					



# Österr. Meisterschaften der Nachwuchsklassen 2023

27.07.-30.07.2023



## Fortsetzung Bewerb 21 - 200m Lagen Herren Vorlauf

### AK 15/16

13. Semlak, Florian	2008 AUT	1. LSK Heindl	02:33,03	q +20.02	413
50m: 00:32,70, 100m: 01:08,58 (00:35,88), 150m: 01:56,60 (00:48,02), 200m: 02:33,03 (00:36,43)					

### Pflichtzeiten AK 15, Pflichtzeit: 02:33,21

7. Semlak, Florian	2008 AUT	1. LSK Heindl	02:33,03	q +20.02	413
50m: 00:32,70, 100m: 01:08,58 (00:35,88), 150m: 01:56,60 (00:48,02), 200m: 02:33,03 (00:36,43)					

### --- 6. Abschnitt ---

## Fortsetzung Bewerb 19 - 100m Freistil Herren A-Finale

### AK 11/12

2. Manhal, Tim	2011 AUT	1. LSK Heindl	01:05,34	+00.64	370
50m: 00:31,45, 100m: 01:05,34 (00:33,89)					

## Fortsetzung Bewerb 21 - 200m Lagen Herren B-Finale

### AK 15/16

12. Semlak, Florian	2008 AUT	1. LSK Heindl	02:34,06	+10.00	405
50m: 00:31,61, 100m: 01:09,48 (00:37,87), 150m: 01:57,59 (00:48,11), 200m: 02:34,06 (00:36,47)					

### --- 7. Abschnitt ---

## Fortsetzung Bewerb 25 - 400m Freistil Herren Vorlauf

### AK 11/12

2. Manhal, Tim	2011 AUT	1. LSK Heindl	05:03,76	Q +02.08	380
50m: 00:33,59, 100m: 01:11,53 (00:37,94), 150m: 01:50,80 (00:39,27), 200m: 02:29,98 (00:39,18) 250m: 03:08,87 (00:38,89), 300m: 03:48,39 (00:39,52), 350m: 04:26,93 (00:38,54), 400m: 05:03,76 (00:36,83)					

### AK 15/16

19. Pieringer, David	2008 AUT	1. LSK Heindl	04:50,50	+37.52	434
50m: 00:31,11, 100m: 01:05,43 (00:34,32), 150m: 01:42,26 (00:36,83), 200m: 02:19,46 (00:37,20) 250m: 02:57,51 (00:38,05), 300m: 03:35,51 (00:38,00), 350m: 04:14,20 (00:38,69), 400m: 04:50,50 (00:36,30)					
22. Schwarz, Raphael	2008 AUT	1. LSK Heindl	04:54,75	+41.77	416
50m: 00:32,51, 100m: 01:08,42 (00:35,91), 150m: 01:44,99 (00:36,57), 200m: 02:22,83 (00:37,84) 250m: 03:01,03 (00:38,20), 300m: 03:39,22 (00:38,19), 350m: 04:18,13 (00:38,91), 400m: 04:54,75 (00:36,62)					
23. Eckhart, Alexander	2008 AUT	1. LSK Heindl	04:56,29	+43.31	409
50m: 00:32,43, 100m: 01:08,84 (00:36,41), 150m: 01:46,36 (00:37,52), 200m: 02:23,89 (00:37,53) 250m: 03:02,50 (00:38,61), 300m: 03:41,38 (00:38,88), 350m: 04:20,21 (00:38,83), 400m: 04:56,29 (00:36,08)					

### Pflichtzeiten AK 12, Pflichtzeit: 05:18,04

2. Manhal, Tim	2011 AUT	1. LSK Heindl	05:03,76	Q +02.08	380
50m: 00:33,59, 100m: 01:11,53 (00:37,94), 150m: 01:50,80 (00:39,27), 200m: 02:29,98 (00:39,18) 250m: 03:08,87 (00:38,89), 300m: 03:48,39 (00:39,52), 350m: 04:26,93 (00:38,54), 400m: 05:03,76 (00:36,83)					



Bundesministerium  
Kunst, Kultur,  
öffentlicher Dienst und Sport





# Österr. Meisterschaften der Nachwuchsklassen 2023

27.07.-30.07.2023



## Fortsetzung Bewerb 25 - 400m Freistil Herren Vorlauf

### Pflichtzeiten AK 15, Pflichtzeit: 04:49,24

11.	Pieringer, David	2008	AUT	1. LSK Heindl	04:50,50	+37.52	RG	434
50m: 00:31,11, 100m: 01:05,43 (00:34,32), 150m: 01:42,26 (00:36,83), 200m: 02:19,46 (00:37,20) 250m: 02:57,51 (00:38,05), 300m: 03:35,51 (00:38,00), 350m: 04:14,20 (00:38,69), 400m: 04:50,50 (00:36,30)								
14.	Schwarz, Raphael	2008	AUT	1. LSK Heindl	04:54,75	+41.77	RG	416
50m: 00:32,51, 100m: 01:08,42 (00:35,91), 150m: 01:44,99 (00:36,57), 200m: 02:22,83 (00:37,84) 250m: 03:01,03 (00:38,20), 300m: 03:39,22 (00:38,19), 350m: 04:18,13 (00:38,91), 400m: 04:54,75 (00:36,62)								
15.	Eckhart, Alexander	2008	AUT	1. LSK Heindl	04:56,29	+43.31	RG	409
50m: 00:32,43, 100m: 01:08,84 (00:36,41), 150m: 01:46,36 (00:37,52), 200m: 02:23,89 (00:37,53) 250m: 03:02,50 (00:38,61), 300m: 03:41,38 (00:38,88), 350m: 04:20,21 (00:38,83), 400m: 04:56,29 (00:36,08)								

## Fortsetzung Bewerb 29 - 200m Rücken Herren Vorlauf

### AK 11/12

11.	Manhal, Tim	2011	AUT	1. LSK Heindl	02:52,10	q +14.80		275
50m: 00:38,74, 100m: 01:22,98 (00:44,24), 150m: 02:08,13 (00:45,15), 200m: 02:52,10 (00:43,97)								

### AK 15/16

11.	Semlak, Florian	2008	AUT	1. LSK Heindl	02:25,30	q +12.66		457
50m: 00:33,54, 100m: 01:10,67 (00:37,13), 150m: 01:48,03 (00:37,36), 200m: 02:25,30 (00:37,27)								
16.	Schwarz, Raphael	2008	AUT	1. LSK Heindl	02:33,14	q +20.50		390
50m: 00:35,66, 100m: 01:14,48 (00:38,82), 150m: 01:54,19 (00:39,71), 200m: 02:33,14 (00:38,95)								
17.	Eckhart, Alexander	2008	AUT	1. LSK Heindl	02:35,08	+22.44		375
50m: 00:35,87, 100m: 01:15,29 (00:39,42), 150m: 01:55,52 (00:40,23), 200m: 02:35,08 (00:39,56)								

### Pflichtzeiten AK 12, Pflichtzeit: 02:50,22

7.	Manhal, Tim	2011	AUT	1. LSK Heindl	02:52,10	q +14.80	RG	275
50m: 00:38,74, 100m: 01:22,98 (00:44,24), 150m: 02:08,13 (00:45,15), 200m: 02:52,10 (00:43,97)								

### Pflichtzeiten AK 15, Pflichtzeit: 02:31,84

6.	Semlak, Florian	2008	AUT	1. LSK Heindl	02:25,30	q +12.66		457
50m: 00:33,54, 100m: 01:10,67 (00:37,13), 150m: 01:48,03 (00:37,36), 200m: 02:25,30 (00:37,27)								
9.	Schwarz, Raphael	2008	AUT	1. LSK Heindl	02:33,14	q +20.50	RG	390
50m: 00:35,66, 100m: 01:14,48 (00:38,82), 150m: 01:54,19 (00:39,71), 200m: 02:33,14 (00:38,95)								
10.	Eckhart, Alexander	2008	AUT	1. LSK Heindl	02:35,08	+22.44	RG	375
50m: 00:35,87, 100m: 01:15,29 (00:39,42), 150m: 01:55,52 (00:40,23), 200m: 02:35,08 (00:39,56)								

## --- 8. Abschnitt ---



# Österr. Meisterschaften der Nachwuchsklassen 2023

27.07.-30.07.2023



## Fortsetzung Bewerb 25 - 400m Freistil Herren A-Finale

### AK 11/12

3. Manhal, Tim	2011 AUT	1. LSK Heindl	04:58,11	+06.50	402
50m: 00:33,61, 100m: 01:11,28 (00:37,67), 150m: 01:49,74 (00:38,46), 200m: 02:27,81 (00:38,07)					
250m: 03:05,89 (00:38,08), 300m: 03:43,79 (00:37,90), 350m: 04:21,65 (00:37,86), 400m: 04:58,11 (00:36,46)					

## Fortsetzung Bewerb 29 - 200m Rücken Herren B-Finale

### AK 15/16

12. Semlak, Florian	2008 AUT	1. LSK Heindl	02:27,24	+05.79	439
50m: 00:32,68, 100m: 01:08,69 (00:36,01), 150m: 01:48,77 (00:40,08), 200m: 02:27,24 (00:38,47)					
16. Schwarz, Raphael	2008 AUT	1. LSK Heindl	02:38,83	+17.38	349
50m: 00:35,24, 100m: 01:15,16 (00:39,92), 150m: 01:57,58 (00:42,42), 200m: 02:38,83 (00:41,25)					

## Fortsetzung Bewerb 31 - 4x100m Lagenstaffel Herren

### Jugend und jünger

8. 1. Mannschaft	AUT	1. LSK Heindl	04:53,48	+36.99	349
Eckhart Alexander (2008 / 15 Jahre), 50m: 00:34,67, 100m: 01:11,20 (00:36,53)					
Pieringer David (2008 / 15 Jahre), 150m: 01:46,83 (00:35,63), 200m: 02:29,46 (00:42,63)					
Semlak Florian (2008 / 15 Jahre), 250m: 03:03,13 (00:33,67), 300m: 03:47,41 (00:44,28)					
Schwarz Raphael (2008 / 15 Jahre), 350m: 04:18,50 (00:31,09), 400m: 04:53,48 (00:34,98)					